

Seven Steps Daily in Prayer

Praise

"Enter his gates with thanksgiving, and his courts with praise!"

(Psalm 100:4)



Confess

"If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."

(1 John 1:9)



Meditate

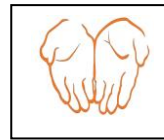
"Oh, how I love your law! I meditate on it all day long."

(Psalm 119:97)



Petition

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God." (Phil. 4:6)



Intercede

"I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people." (1 Tim. 2:1)



Thanksgiving

"Give thanks in all circumstances; for this is the will of God in Christ Jesus for you." (1 Thess. 5:18)



Rest

"Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!"

(Psalm 46:10)

